



# Polycystic Ovary Syndrome: An Evidence-based Approach

**Duration:** 3 weeks

**Weekly study:** 3 hours

## Master the skills you need to support and care for women with PCOS

[Polycystic Ovary Syndrome: An Evidence-based Approach](#) is a short online course by Monash University designed for healthcare professionals. Building on the [International Evidence-Based Guideline for the Assessment and Management of PCOS](#), this RACGP and ACRRM accredited course explores the latest evidence-based approaches to the diagnosis, management and care of women with PCOS.

### What topics will you cover?

- Improving timely diagnosis of PCOS
- Promoting consistency in the diagnosis and management of PCOS
- Augmenting the global implementation of evidence-based PCOS care
- Encouraging the systemic application of an interdisciplinary model of care
- Long-term health risks and treatment
- Emotional wellbeing of women with PCOS
- Assessing and managing infertility

### What will you achieve?

By the end of the course you'll be able to:

- demonstrate an evidence-based approach to PCOS management.
- interpret cultural differences, act in a culturally sensitive manner and consider the ethical complexities of PCOS healthcare.
- outline a PCOS patient centered model of care.
- apply relevant recommendations from the PCOS International Evidence-based Guideline to your practice.
- discuss an interdisciplinary approach to the management of PCOS.

[Go to course - starts 2 Sep](#)